

Registration Fees

(Lunch Included)

Before October 5, 2009

- Individual Registration \$200.00
- Student Registration \$160.00
(Include proof of full-time enrolment)
- Group Registration \$190.00
(Each for 3 or more - see below for more information.)

After October 5, 2009

- Individual Registration \$230.00
- Student Registration \$190.00
(Include proof of full-time enrolment)
- Group Registration \$220.00
(Each for 3 or more - see below for more information.)

NAME	PROFESSION	
ORGANIZATION		
ADDRESS	CITY / PROVINCE	
POSTAL CODE	PHONE	EMAIL ADDRESS
SPECIAL DIETARY OR PHYSICAL NEEDS		

Method of Payment

- Cheque (Payable to The Oak Tree) Visa Mastercard

CARD #	EXPIRY DATE
NAME ON CARD	
SIGNATURE	TOTAL

Please make cheques payable to The Oak Tree Professional Programming. • In order to receive the early registration discount, payment must be received by our office by the close of business October 5, 2009. • Upon receipt of registration and payment we will send confirmation of registration to you with your receipt. • To be eligible for group rates, group members must register and pay fees at the same time, but separate payments may be submitted by participants. We will send separate receipts unless a single group receipt is requested. • If you register for the workshop but find yourself unable to attend, you may send someone in your place, but please let us know in advance. • Refunds are available, less a \$50 fee, 14 days or more before the workshop date. • Between 3 and 13 days before the workshop, we will credit the workshop fee, less \$50, toward another program offered by The Oak Tree. • The workshop will take place November 6, 2009 at the Inn at the Forks, 75 Forks Market Road, Winnipeg, MB R3C 0A2 (204) 942-6555 • Registration includes mid-morning nutrition break, lunch, as well as coffee and tea throughout the day.

Course Description

Objectives of the Workshop

This workshop has been designed to:

Enhance participants' knowledge of the prevalence and etiology of personality dysfunction, and of common approaches to treating personality dysfunction.

Help participants to understand how clinical syndromes emerge from the personality matrix, and how this information can be used to orient treatment.

Teach four essential tools for enhancing pattern recognition while working with personality dysfunction.

Highlight critical aspects of individualized assessment, for the purpose of deciding which treatment format is optimal for a patient.

Build basic skills in applying evidence-based methods to precisely calibrate treatment potency and accelerate the therapeutic process.

Combine treatment modalities and formats into treatment packages based on principles of personality systematics.

CE Credit

At the conclusion of the workshop, participants receive certification of attendance for 6.5 continuing education contact hours. The workshop is approved by the Canadian Psychological Association.

Treating Personality Disorders: Unifying Principles, Techniques, and Strategies

Jeffrey J. Magnavita, Ph.D., ABPP
Independent Practice, Glastonbury, CT

November 6, 2009

Registration: 8:00 am – 8:30 am

Workshop: 8:30 am – 4:30 pm

Inn at the Forks
75 Forks Market Road
Winnipeg, MB.

 **the oaktree**
PROFESSIONAL PROGRAMMING
633-1445 Portage Avenue,
Winnipeg MB R3G 3P4
ph 204.489.1682 fx 204.489.1748
info@theoaktree.ca


the oaktree
PROFESSIONAL PROGRAMMING

Continued growth.

Dr. Jeffrey J. Magnavita

Jeffrey J. Magnavita, Ph.D., ABPP is the founder of Glastonbury Psychological Associates, P.C. and the founder of the Unified Psychotherapy Project (UPP). He has been in clinical practice for 29 years, specializing in intensive psychotherapy for children, adolescents, and adults manifesting personality dysfunction, relational disturbances, and complex clinical syndromes. Dr. Magnavita received the Distinguished Contribution to the Independent Practice in the Private Sector Award from the American Psychological Association 2006 for his work in developing a unified framework for psychotherapy. He has authored and edited a number of acclaimed books including *Personality-Guided Relational Therapy: A Unified Approach*, *Theories of Personality: Contemporary Approaches to the Science of Personality*, *Handbook of Personality Disorders: Theory and Practice*, *Restructuring Personality Disorders*, *Relational Therapy for Personality Disorders*, and a soon to be published volume, *Evidence-Based Treatment of Personality Dysfunction with the APA press*. He has published extensively on personality disorders, psychopathology, and psychotherapy. His work has been featured in the APA videotape *Treating Personality Disorders*, and will be featured in a forthcoming 6 session series *Personality-Guided Psychotherapy*. He is currently the President-elect of the Division of Psychotherapy of the American Psychological Association.

Treating Personality Disorders

Everyone in clinical practice knows what it is like to experience, hopelessness, anxiety, and dread when treating certain individuals, couples, and families. Often these cases are frustrating because significant personality dysfunction is masking an array of clinical syndromes and relational problems. In fact, half of all patients receiving mental health treatment suffer from one or more personality disorders (PDs), which complicate and reduce the efficacy of first line treatment approaches for such syndromes as anxiety, depression, addictions, psychotic disorders, or relationship problems.

This workshop is designed to provide an overview of the current state of art and science in the conceptualization and treatment of personality dysfunction (PDys). It will provide an overview of current epidemiological findings, diagnostic issues, theoretical constructs, and methods in order to orient participants.

Current findings about the relationships among trauma, developmental issues, and various forms of family dysfunction which lead to personality dysfunction in children, adolescents, and adults, will be illustrated.

While various contemporary schools of psychotherapy offer useful strategies, clinicians nonetheless face the challenge of selecting among seemingly competing approaches. This workshop will provide a framework called personality systematics with which to blend approaches and

Unifying Principles, Techniques, Strategies

modalities in a unified way to enhance clinical utility and outcome. Videotape of psychotherapy sessions will provide a basis for discussing the complexity of the treatment process and strategies. Findings from neuroscience about the impact of trauma, and about how to identify various types of trauma that lead to personality dysfunction, will be highlighted with clinical case material.

Participants will learn how to orient treatment and effectively intervene using four essential proven clinical constructs. Participants will also learn how to use unifying principles to blend methods and strategies, in order to provide more focal and effective treatment based on a holistic case formulation.

Schedule

8:30 - 9:30 Introduction, Prevalence, Overview of Theoretical Constructs

9:30 – 10:30 Diagnosis & Pattern Recognition

10:30- 11:30 Evidence-Based Principles

11:00- 12:00 Intrapsychic-Biological Components: Level I

12:00 – 1:00 Lunch

1:00 – 2:00 Interpersonal-Dyadic Components: Level II

2:00 – 3:00 Relational-Triadic Components: Level III

3:00 – 4:00 Sociocultural-Familial Components: Level IV

4:00 – 4:30 Treatment Planning & Formatting

Who Should Attend:

Mental health care providers, and anyone who works with people with personality disorders and would like to do so with more understanding.

Psychologists

Psychiatrists

Social Workers

Family Therapists

Psychiatric Nurses

Community Health Workers

Military, Veteran, and Military Family Support Providers

Counsellors

Chaplains and Pastoral Counsellors

Child and Family Services Workers

Social Service Workers

And others.

The Oak Tree Professional Programming offers continuing education courses and workshops for psychologists and allied professionals. As general practice mental health providers, we know the importance of access to high quality continuing education opportunities. We offer programs in which presenters, who are acknowledged experts in their fields, provide up-to-date, stimulating, useful material to expand and deepen the knowledge base of those who attend.

Director: Dr. Neal D. Anderson, C.Psych.